



SPRING RECREATION PROTOCOL

Procedures for Covid-19 Safe Gameplay and
Training

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PURPOSE

This plan is designed to keep our players participating in soccer while reducing infection risk in the setting of the ongoing COVID-19 pandemic.

This plan has been developed based on the guidelines set forth by Eastern Pennsylvania Youth Soccer, which was created in consultation with US Soccer, US Youth Soccer, the US Olympic Committee, the CDC, and the Commonwealth of Pennsylvania. Along with guidance provided by Bucks County Department of Health. Plans from other agencies were also reviewed.

As a community, we must be flexible and this plan will be updated as necessary.

THINGS TO REMEMBER FOR PARTICIPANTS

- THERE WILL BE A ZERO TOLERANCE POLICY FOR ANY PARTICIPANT NOT FOLLOWING THE GUIDELINES IN THIS DOCUMENT.
 - By choosing to participate in YMS programming, all participants, players, trainers, employees, volunteers and families are subject to the guidelines set forth in this document.
- Players who are not feeling well should stay home.
 - In particular, The player should not play if they have a fever, which is a temperature >100.3 degrees F
- YMS PLAYERS AND COACHES SHOULD COMPLETE THE TEAMSNAP HEALTH CHECK PRIOR TO ATTENDING GAMES/TRAINING.
 - Players will not be allowed to take the field until health check is completed.
- Any players participating in a tryout or evaluation are subject to these protocols. Players must register with YMS prior to participating in a try-out.
- It is the parents' responsibility to review these guidelines with their player.

It is critical ALL PARTICIPANTS are open and honest about their or their player's health in order for all kids to remain safe and continuing to play.

FACE MASK GUIDELINES

Face masks are not required for players on the field of play at YMS outdoor facilities. It is the individual family's decision for their player to wear a face mask. Families can make this decision due to the exception stated in the Commonwealth of Pennsylvania's Order Requiring Universal Face Coverings.

- Face masks are still required by all coaches, spectators, and players when not on the field of play at an outdoor YMS facility.
- Families should make the decision prior to training/gameplay and YMS will support all families and their decision.
- At this time, face masks will still be required at the YMS indoor facility.

As a reminder, per FIFA guidelines:

Gaiters, neck warmers, plastic shields or other personal protective equipment could be considered dangerous and not be worn by players.

- YMS will reserve the right to modify our policy during the season if there is a change in guidance or new information becomes available.

PRIOR TO THE START OF GAMES

- Players who are not feeling well, should stay home.
 - Any player reporting of demonstrating symptoms of illness at any point should be removed from the game.
- YMS VOLUNTEER COACHES SHOULD REVIEW TEAMSnap HEALTH CHECKS AND ENSURE ALL TEAM MEMBERS AND COACHES HAVE COMPLETED THE HEALTH CHECK
 - No player or coach should begin warm ups without the health check complete.
- Players must wear face coverings while arriving at their warm up area.
- Players should not be commingling with the opposing team or other teams at the facility.
 - Pee wee's will still warm up as normal.
- Parents should bring an extra mask and hand sanitizer
- Players should maintain social distancing guidelines during arrival.
- Coaches must have on face coverings during arrival and have their own hand sanitizer.
- PLAYERS SHOULD GO DIRECTLY TO THEIR SIDELINE:
- Players will be given a designated gear area that is 6 feet from teammates on their sideline.
- Players should immediately go to their assigned gear area and remain until their warm up begins.
- Benches are not allowed.
- Players should wear face coverings when not playing.

DURING GAME PLAY

- Gear Areas will be set up so each player is 6 feet apart from other players.
- During half time or when players are not in the game, players will return to their own designated gear area.
 - Benches should not be used.
 - Players should bring their own water and they should not be shared with any other player.
 - During half time or pre-game, coaches should utilize the field of play to keep players socially distant.
 - Players must wear face coverings while not in the game.
 - There should be no snacks until further notice for the younger age groups.
- Any player reporting or demonstrating symptoms of illness at any point should be removed from gameplay.
- If players need to use the facilities, players must use hand sanitizer prior to returning to the game.
- Coaches are required to wear face coverings while coaching since remaining socially distant will be difficult.

DURING GAMEPLAY

- Players should avoid all non soccer game related physical contact with each other, including celebration, handshakes, high fives, etc.
- All coaches and players must maintain a social distance of at least 6 feet to reduce the risk of disease transmission.
- In the event of injury, staff may assist in the management of proper first aid. Family members may participate in injury management if necessary. Players should maintain a social distance.
- Coaches may contact another individual's ball with their feet but should not contact their hands. Players should only contact the ball with their hands or head during normal course of game play, ie goaltending, heading, throw-ins. Players should use hand sanitizer on breaks and post game play.
- Equipment should only be handled by staff (cones, for example) and should not be handled by players and be disinfected after use.

POST GAMEPLAY

- Players should not contact the other team. (Feel free to give them a cheer or air high five!)
- Players and families should exit as quickly as possible from the facility.
- Players and families should wear face coverings while exiting the facility.
- Players should go directly home and shower/bathe prior to other activities.
- Surfaces/gear that may be contacted by players should be disinfected before and after use.

TRAINING/PRACTICE

- All guidelines established for game day should be followed for training practice.
- For the younger age groups, if you feel you need to stay for practice please limit to one parent and remain socially distant (6 ft apart) from other parents.
- Players should still have gear areas 6 ft apart, as they do for game play.
- Coaches must wear face coverings at all times.
- Players must wear face coverings when arriving to training and go straight to their gear area and wear face coverings when leaving training.

COVID-19 NOTIFICATION PROCEDURES

- By choosing to participate in YMS programming, all participants, players, trainers, employees, volunteers and families are subject to the YMS COVID-19 procedures.
- Any changes to these guidelines will be communicated, and to continue participation in YMS programming, participants are subject to the guidelines set forth.
- Club Safety Officer (CSO) will be the point person for all communications in the event of a player exposure. The Club Vice President (VP) will take the lead if CSO is not available.
- If a player/trainer/volunteer coach has been exposed to or has tested positive for COVID-19 while actively participating in YMS activities, they must immediately notify the CSO and team coaches via phone call and email.
- CSO must notify via email all impacted YMS participants when there was an exposure or positive test.
 - This may include members of a team, training group, or guest players.
 - All player information will be kept confidential by the CSO and the team coaches.

COVID-19 RETURN TO PARTICIPATION GUIDELINES

- COVID-19 Exposures

- If a participant has been exposed to COVID-19, but has not tested positive for COVID-19, they may return to training and game play 14 days post their exposure, with no documentation.
- Participants may return sooner than 14 days provided:
 - They are symptom free and
 - They have received documentation with a specific return date from a medical professional and provide to the club safety officer. A negative COVID test is not considered documentation from a medical professional.

- Positive- COVID 19 Tests

- If a participant has tested positive for COVID-19, they may return to game play provided they meet all of the following:
 - They have received documentation of a specific return date from a medical professional and provide to the Club Safety Officer.
 - They are symptom free.
 - They are able to pass the Team Snap Health Screening upon their return.

TEAM ACTIVITY GUIDELINES

- A team with a player that has been exposed to COVID-19 will continue training and game play. Other team members can continue training provided they are following YMS COVID protocols.
- In the event of a positive test to a player on any team, teams may no longer be subject to quarantine and may be subject to review by the Pennsylvania Department of Health. If a team is not subject to quarantine, other team members can continue train provided they are following YMS COVID protocols.
 - The YMS Board reserves the right suspend training and game play for a team at any time if multiple members test positive for COVID-19 for a period of 10 days retroactive to the team's last exposure to the players.
 - If a team is suspended from training and game play, the players on that team may not participate in any YMS activities or programming.
- Coaches and Trainers can continue participation provided they have remained socially distant and have worn face coverings during training and game play.
- Siblings of players that have been exposed may continue full participation provided no members of the family become symptomatic or test positive for COVID-19.
- If a player on a team tests positive for COVID-19 and their initial exposure was prior to game play with a team from another club or participation in a tournament, coaches are required to notify the team or tournament committee immediately.

INCLEMENT WEATHER ACTION PLAN

- In the event of inclement weather, YMS will cancel or suspend games.
- All players should bring gear in the event of rain and camp has to be suspended.
- Parents will be notified of cancellations or suspensions via Teamsnap, and will need to pick up their child immediately.
- All precautions will be taken to adhere to personal protection and social distancing requirements, however those requirements will not supersede protection of the children from the immediate threat of severe weather.
- In the event of unexpected severe weather, players should return to their cars. If a player does not have a car, they may congregate at covered pavilions. Masks must be worn at pavilions.

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