# SPECIAL STARS PROTOCOL

Covid-19 Procedures for Activities and Game Play

**UPDATED 8.17.20** 

### PURPOSE

This plan is designed to safely execute the Special Stars program while reducing infection risk in the setting of the ongoing COVID-19 pandemic.

This plan has been developed based on the guidelines set forth by Eastern Pennsylvania Youth Soccer, which was created in consultation with US Soccer, US Youth Soccer, the US Olympic Committee, the CDC, and the Commonwealth of Pennsylvania. Plans from other agencies were also reviewed.

This plan does not supercede township, county and state directives and will be evolving this plan as more information becomes available and are able to expand our programming.

As a community, we must be flexible and this plan will be updated as necessary.

## THINGS TO REMEMBER FOR PARENTS

- Parents please help us make sure we can safely run our program at all times.
- Prior to arriving at the facility parents should take players temperature at home.
  - The player should not play if they have a fever, which is a temperature >100.3 degrees F
  - <u>Players who are not feeling well should stay home</u>.
- Please make sure your child has gone to the bathroom prior coming to the facility.
- BRING EXTRA WATER. We want to ensure the players are hydrated. There will be no extra water available due to current EPYSA safety guidelines of no sharing of water, it is critical the kids bring enough.
- There will be no snack-time to ensure no sharing of food. If your player needs a snack for any particular reason, please feel free to bring one, but it snack should be consumed near the family member.

## **GUIDELINES FOR BUDDIES**

- Greet players/parents at the beginning and administer screening questions to parents about player illnesses and those within their household members.
  - Coaches/Buddies should ask if the player/parent/guardian has had or been exposed to Covid-19 in the past 14 days.
- Buddies must wear face coverings and gloves.
- Make masks and gloves available for participants who want to wear them.
- Utilize hand sanitizer prior to, during, and after participation.
- Emphasis should be placed on exercises that allow players and buddies to practice skills with 6' of distance from each other, if possible.
- Exercises should avoid transitions that involve "physically tagging a teammate" such as relay races or tag. Use alternative visual cues.

### DURING GAME PLAY

- Gear Areas will be set up so each player is 6 feet apart from other players or gear should remain with parent/guardian.
- Benches should not be used, parents should bring extra chair if needed for the participant.
- Any player reporting of demonstrating symptoms of illness at any point should be removed from gameplay.
- If players need to use the facilities. Players must use hand sanitizer prior to returning to the game.
- Buddies/coaches are required to wear face coverings while coaching since remaining socially distant will be difficult.

#### DURING GAMEPLAY

- Players are not required to wear masks while playing. Parents/Guardians should make the decision prior to training if the player will wear a mask.
- Players should avoid all non soccer game related physical contact with each other, including celebration, handshakes, high fives, etc.
- All coaches and players must maintain a social distance of at least 6 feet when possible to reduce the risk of disease transmission.
- In the event of injury, staff may assist in the management of proper first aid. Family members may participate in injury management if necessary. Players should maintain a social distance.
- Players and coaches may contact another individuals ball with their feet but should not contact their hands.
- Equipment should only be handled by staff (cones, for example) and should not be handled by players and be disinfected after use.

#### FIELD OF PLAY/SPECTATOR GUIDANCE

- Families should remain 6 ft socially distant around field.
- Spectators must remain 10ft back from the field of play.
- Families should limit spectators to two family members when possible.
- Families must wear masks while entering and exiting the facility.
- Families must wear masks while viewing the game.

#### POST GAMEPLAY

- Players and families should exit as quickly as possible from the facility.
- Players and families should wear face coverings while exiting the facility.
- Players should go directly home and shower/bathe prior to other activities.
- Surfaces/gear that may be contacted by players, should be disinfected before and after use.

## COVID-19 POSITIVE TEST ACTION PLAN

- Club Safety Officer (CSO) will be the point person for all communications in the event of a player exposure. The Club Vice President (VP) will take the lead if CSO is not available.
- If a player or family member of that player has a positive test they must notify the CSO and club VP immediately via phone call and email.
- The remaining members of the YMS Board will be notified immediately.
- Club Safety officer will also email all members of that training group to notify there
  was a positive test.

## COVID-19 POSITIVE TEST ACTION PLAN

- The player with a positive test or has been exposed may not return to game play for 14 days and must provide documentation from a health official that they are cleared to return to play. The player must not be displaying any symptoms.
- All equipment will be cleaned and sanitized-including all high touch areas of the turf and goals prior to camp resuming.
- In the event of a positive test to a player on any team, the YMS Board reserves the right to suspend gameplay in its entirety for a period of 14 days from the date of the team's last exposure to the player.

## INCLEMENT WEATHER ACTION PLAN

- In the event of inclement weather, YMS will cancel or suspend games.
- All players should bring gear in the event of rain and the game has to be suspended.
- All precautions will be taken to adhere to personal protection and social distancing requirements, however those requirements will not supersede protection of the children form the immediate threat of severe weather.

#### CONTACTS

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