



# FALL RECREATION PROTOCOL

Procedures for Covid-19 Safe Gameplay and  
Training

UPDATED 8.13.20



# PURPOSE

This plan is designed to safely return players to game play while reducing infection risk in the setting of the ongoing COVID-19 pandemic.

This plan has been developed based on the guidelines set for by Eastern Pennsylvania Youth Soccer, which was created in consultation with US Soccer, US Youth Soccer, the US Olympic Committee, the CDC, and the Commonwealth of Pennsylvania. Plans from other agencies were also reviewed.

This plan does not supercede township, county and state directives and will be evolving this plan as more information becomes available and are able to expand our programming.

As a community, we must be flexible and this plan will be updated as necessary.

# THINGS TO REMEMBER FOR PARENTS

- THERE WILL BE A ZERO TOLERANCE POLICY FOR PLAYERS/PARENTS NOT FOLLOWING THE GUIDELINES IN THIS DOCUMENT.
- Prior to arriving at the facility parents from YMS should take players temperature at home.
  - The player should not play if they have a fever, which is a temperature >100.3 degrees F
- YMS PARENTS SHOULD COMPLETE THE TEAMS NAP HEALTH CHECK PRIOR TO ATTENDING GAMES/TRAINING.
  - Players will not be allowed to take the field until health check is completed.
- Please make sure your child has gone to the bathroom prior coming to the facility. We will have facilities for them if needed.
- BRING EXTRA WATER. We want to ensure the players are hydrated. There will be no extra water available due to current EPYSA safety guidelines of no sharing of water, it is critical the kids bring enough.
- It is the parents' responsibility to review these guidelines with their player.
- Players are not required to wear facemasks during gameplay, but players are allowed if the parent is more comfortable.
- It is critical all parents are open and honest about player health in order for all kids to remain safe.

# PRIOR TO THE START OF GAMES

- Players who are not feeling well, should stay home.
  - Any player reporting or demonstrating symptoms of illness at any point should be removed from the game.
- YMS VOLUNTEER COACHES SHOULD REVIEW TEAMS NAP HEALTH CHECKS AND ENSURE ALL TEAM MEMBERS AND COACHES HAVE COMPLETED THE HEALTH CHECK
  - No player or coach should begin warm ups without the health check complete.
- Parents should remain in their cars until 5 minutes before the scheduled start of the game.
- Players must wear face coverings while arriving at their warm up area.
- Players should not be commingling with the opposing team or other teams at the facility.
  - Pee wees will still warm up as normal.
- Parents should bring an extra mask and hand sanitizer
- Players should maintain social distancing guidelines during arrival.
- Coaches must have on face coverings during arrival and have their own hand sanitizer.
- PLAYERS SHOULD GO DIRECTLY TO THEIR SIDELINE:
- Players will be given a designated gear area that is 6 feet from teammates on their sideline.
- Players should immediately go to their assigned gear area and remain until their warm up begins.
- Benches are not allowed.
- Players should wear face coverings when not playing.

# DURING GAME PLAY

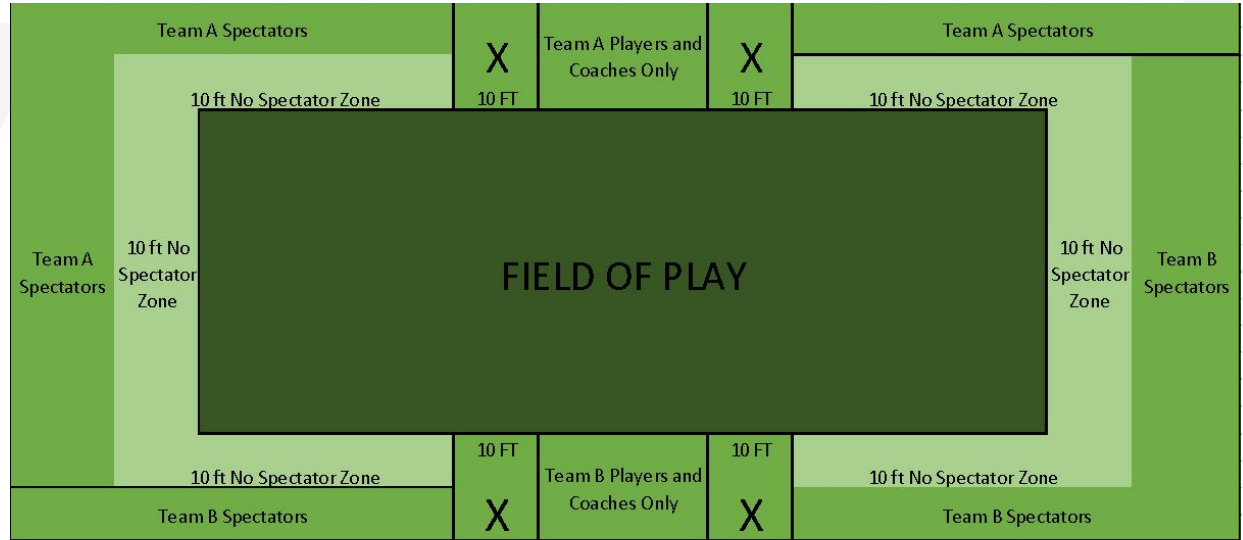
- Gear Areas on the will be set up so each player is 6 feet apart from other players.
- During half time or when players are not in the game, players will return to their own designated gear area.
  - Benches should not be used.
  - Players should bring their own water and they should not be shared with any other player.
  - During half time or pre-game, coaches should utilize the field of play to keep players socially distant.
  - Players must wear face coverings while not in the game.
  - There should be no snacks until further notice for the younger age groups.
- Any player reporting of demonstrating symptoms of illness at any point should be removed from gameplay.
- If players need to use the facilities. Players must use hand sanitizer prior to returning to the game.
- Coaches are required to wear face coverings while coaching since remaining socially distant will be difficult.

# DURING GAMEPLAY

- Players are not required to wear masks while playing. Parents/Guardians should make the decision prior to training if the player will wear a mask.
- Players should avoid all non soccer game related physical contact with each other, including celebration, handshakes, high fives, etc.
- All coaches and players must maintain a social distance of at least 6 feet to reduce the risk of disease transmission.
- In the event of injury, staff may assist in the management of proper first aid. Family members may participate in injury management if necessary. Players should maintain a social distance.
- Coaches may contact another individuals ball with their feet but should not contact their hands. Players should only contact the ball with their hands or head during normal course of game play, ie goaltending, heading, throw-ins.
- Equipment should only be handled by staff (cones, for example) and should not be handled by players and be disinfected after use.

# FIELD OF PLAY/SPECTATOR GUIDANCE

- Families should arrive to the sidelines 5 minutes before the start of games.
- Teams shall be on opposite sides of the field of play
- Families should remain on the same side as teams to lessen interaction between teams
- Families should remain 6 ft socially distant around field.
- Spectators must remain 10ft back from the field of play and 10 ft from the player/coach area.
- Families should limit spectators to two family members when possible.
- Families should wear masks while entering and exiting the facility.
- Families must wear masks while viewing the game.



# POST GAMEPLAY

- Players should not contact the other team. (Feel free to give them a cheer or air high five!)
- Players and families should exit as quickly as possible from the facility.
- Players and families should wear face coverings while exiting the facility.
- Players should go directly home and shower/bathe prior to other activities.
- Surfaces/gear that may be contacted by players, should be disinfected before and after use.



# TRAINING/PRACTICE

- All guidelines established for game day should be followed for training practice.
- For the younger age groups, if you feel you need to stay for practice please limit to one parent and remain socially distant (6 ft apart) from other parents.
- Players should still have gear areas 6 ft apart, as they do for game play.
- Coaches must wear face coverings at all times.
- Players must wear face coverings when arriving to training and go straight to their gear area and when leaving training.

# COVID-19 POSITIVE TEST ACTION PLAN

- Club Safety Officer (CSO) will be the point person for all communications in the event of a player exposure. The Club Vice President (VP) will take the lead if CSO is not available.
- If a player or family member of that player has a positive test they must notify the CSO and club VP immediately via phone call and email.
- The remaining members of the YMS Board will be notified immediately.
- Club Safety officer will email all members of that team/training group to notify there was a positive test.
- Additional emails will be sent to:
  - Other teams groups during that game time slot (if necessary) to notify the parents there was a positive test.

# COVID-19 POSITIVE TEST ACTION PLAN

- The player with a positive test or has been exposed may not return to training for 14 days and must provide documentation from a health official that they are cleared to return to play. The player must not be displaying any symptoms.
- All equipment will be cleaned and sanitized-including all high touch areas of the turf and goals prior to camp resuming.
- In the event of a positive test to a player on any team, the YMS Board reserves the right to suspend training for a team in its entirety for a period of 14 days from the date of the team's last exposure to the player.

# COVID-19 POSITIVE TEST ACTION PLAN-GAME/TRAINING IN SESSION

- If a player displays symptoms during training/gameplay that player should be removed from training and taken to an isolated area.
- The training group that the player the training staff should be notified and the training group should get their gear and be taken to a location at least 50 ft from the impacted player. Non-impacted Players should remain socially distant.
- The club safety officer (or vice president if club safety officer is not available), should notify the remaining board members.
- All other training groups should stop training immediately and head to their designated gear area.
- All parents will be notified by board that they need to come to pick up their player immediately via phone and email.
- All other notifications protocols will be followed as stated previously in the action plan.
- If the club receives notification that a player has been exposed that did not participate in training that day, but was a part of a training group in session, the camp in session protocol should still be followed.

# INCLEMENT WEATHER ACTION PLAN

- In the event of inclement weather, YMS will cancel or suspend games.
- All players should bring gear in the event of rain and camp has to be suspended.
- Parents will be notified of cancellations or suspensions via teamsnap, and will need to pick up their child immediately.
- All precautions will be taken to adhere to personal protection and social distancing requirements, however those requirements will not supersede protection of the children from the immediate threat of severe weather.
- In the event of unexpected severe weather, players should return to their cars. If a player does not have a car, they may congregate at covered pavilions. Masks must be worn at pavilions.

# CONTACTS

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